

# McLean Weekly

---

## SPORTS PAGE- PLAYERS OF THE WEEK

### Girl Player of the Week



### **HOPE MOON**

Hope Moon is a junior at McLean High School. She plays forward for the Lady Tigers. She believes that she plays defense best in basketball. The reason for this is because her dad pushes her, and she believes she wouldn't be the player she is without him. Hope has won statewide player of the week. She feels that it was pretty cool to get statewide player of the week; however, she wouldn't make that big of a deal about it. She is said to average about 15 points a game. Hope says to "Work hard, don't be shy, keep your head up, and play hard."

### Boy Player of the Week



### **ERIC BARTLEY**

Eric Bartley is a sophomore at McLean High School. He is a guard and post in basketball. Eric is a great rebounder for his team and scores about 4 points a game. "Keep your head up," Eric encourages his younger teammates. Eric's inspiration is his coaches, Brittin East and Clint Linman. Eric may not score the most points a game, but he makes up for it with his helpful rebounds which adds to the team's score in the long run.

Eric Bartley is an inspiration for the younger boys in McLean.

# Ways the School Prepares for STAAR Test

---

By Luke Dickey and Morgan Bolin

---

There are many ways that our school prepares for the STAAR test. We also have many teachers that care and try their hardest to get us ready.

At the start of class, each student gets a bell ringer that is made of STAAR questions. The students must complete it and turn it in. They get graded and handed back for the student to look over and learn from.

Each week, the teachers hand out a review that goes over all of the things that they have learned that week. The teachers will start using an item known as a “STAAR Coach Book.” A STAAR Coach Book is a book that includes everything in every grade that has and will be on the STAAR Test. The book has lessons over everything that the grade is required to learn.

Each grade that takes the STAAR Test, takes a practice one that is called a benchmark. The benchmark is a test that has things that might be included on the STAAR Test. We take a benchmark a few months before the STAAR Test so that we can get our grades back in time to study for what we missed.

Elementary school: Every Wednesday, the teacher hands out a 10 question test that consists of STAAR questions. They hand it in to be graded, and the teacher passes it back out for the students to correct. After making the corrections, the students use the page to study.

The students also review what they have learned weekly. They have daily worksheets over what they learned the week before.

The teacher of the elementary has given her input on how they prepare. “Each day I pray that my students listen and are good with the lessons we have learned.”

## Junior High School Girls Train in Athletics

---

By Jaxon Hembree

---

After the last junior high game, the junior high girls started training for track. Coach Todd was the girls basketball coach. Coach Todd is training the girls now, but soon he will be replaced by Coach Hays as the track coach. First they start with stretches to warm up their muscles. Next, they run simple down-and-backs to warm up some more. After they have run a couple down-and-backs, they run horses, gassers, and syracuse running. Syracuse running is equivalent to the running in a game.

# Coaches Push Students in Athletics

---

By Joshua Lee and Chrystian Larson

---

In athletics, coaches Clinton Linman and Brittin East are pushing the Junior High and High school hard in exercising and lifting. As well as Girls Basketball and Track coach Garrett Todd. Coach Linman says he wants to do running exercises on warm days.

There are many exercises being taught inside of the gym to the athletic kids. The athletic kids start by doing A(front and back),B, and C skips followed by high knees and butt kicks or “rump thumpers” as Coach Linman calls them. Then they move onto lunges with their hands over their heads.They do many types of lunges like front,back, and front lunges. They then do inch worms and we start our workout and that is just the beginning.

On Monday we we did our normal stretches and move on to lifting. Whenever we lift we do upper body or lower body. When we do upper body we do workouts like bench press and incline. On Tuesday the boys were pushed further than ever before. Coach Linman had the boys practice bounding, then they were in for a big surprise. Coach had them do seal walks, duck walks, and crab walks.

# THE TIGERS ARE HEADED TO THE PLAYOFFS!

---

By Tynlee Tidwell and Sheppard Reichman

---

The Tigers are going to the playoffs, coached by Brittin East and assisted by Clinton Linman, the Tigers are 9-1. The Lady Tigers are 10-0. They are coached by Garrett Todd and assisted by Kadee Todd. Coach East said, "I'm really excited and we've had a great season. I also think all of the hard work we put in this summer has paid off." Coach East said, "The way we handle adversity and our defense is our team's strength." Coach East is excited about the boys going to the playoffs. He said, "Keep grinding like you're 20 steps behind."





Written by: Drew Glass  
Drawn by:  
Luke  
Breitschopf

